

# Menu

## SANDWICHES

**Soul of Cuba** \$15.95

Roasted pork, mustard, mild provolone cheese, ham and pickles on a cuban bread.

**Passion Delight** \$15.95

Croissant with caramelized pears, mild brie cheese, arugula, turkey breast drizzled with a passion fruit reduction.

**Chicken Pesto** \$15.95

Baked chicken breast, pesto sauce, arugula, mozzarella cheese, sundried tomatoes on a ciabatta bread.

**Chicken Salad** \$15.95

Chicken breast, cranberries, pecans, celery, honey, feta cheese or provolone on a croissant.

\$15.95

## BOWLS AND MORE

**Salmon Special** \$20

Steam salmon, rice, corn, spring mix, cucumbers, tomatoes, chickpeas, purple cabagge, sweet chilli sauce.

**Pesto Chicken Salad bowl** \$15.95

Chicken pesto, spring mix, sun dried tomatoes, walnuts, housemade balsamic dressing.

**House Chicken Salad Bowl** \$15.95

chicken, spring mix, cucumbers, cherry tomatoes, red onions, chickpeas, feta cheese, homemade passion fruit dressing.

**Housemade hummus wrap** \$15

Spring mix, cherry tomatoes, onions, cucumbers, hummus, feta cheese and olives.

## COLOMBIAN INSPIRED

\$17

**Desgranado**

Corn salad, sprinkled with cheese, lettuce, potato strings, pink sauce, cilantro lime sauce and pinneple sauce. Add your choice of meat(chicken or pork)

**Corrientazo or Latino Bowl**

chicken, rice, beans and salad with house made dressing.

**Stuffed Arepas**

Cornmeal patty stuffed with your choice of meat, queso, potato strings, pink saucde

## APPETIZERS

**Mushroom Soup** \$10

**baked empanadas x3** \$12

**hummus platter** \$12

**Pastelitos guava and cream cheese** \$4..50

## DESSERTS

**Banana nut bread** \$4.50

**Double chocolate cake with toasted walnuts** \$6.50